



Hennepin Technical College™

## Description of Student Duties and Medical Release Form

Name of Student (print): \_\_\_\_\_

### To be completed by Physician or other Licensed Health Care Professional:

Hennepin Technical College instructs students in a wide variety of emergency service courses. Students WILL be required to perform strenuous and/or hazardous tasks and skills. Listed below is a general description of what those skills may include. If a student cannot be cleared in advance to perform these responsibilities he/she will not be allowed to participate in the course.

#### Duties:

A student will be required to wear fire protective clothing and self-contained breathing apparatus weighing at least 50 pounds in hazardous atmospheres, perform firefighting and rescue operations that expose them to extreme heat, toxic products of combustion and hazardous materials. Wearing a self-contained breathing apparatus mask requires respiratory clearance meeting OSHA regulations. They will also be required to lift heavy objects (50 plus pounds), and operate heavy machinery, carry and raise heavy ladders, and climb ladders up to 100 feet in height. Students may achieve heart rates of 85 to 100% of their maximum capacity during training operations.

#### Fitness for Training Status

The physician or other licensed health care professional authorizes the following status for the student:

\_\_\_\_ FULL - Status includes all elements listed in the position description listed above including respiratory clearance to wear a self Contained Breathing Apparatus mask.

Physician or other licensed health care professional:

Signature \_\_\_\_\_

Printed: \_\_\_\_\_

Physician Medical ID # \_\_\_\_\_

Date: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

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