

Dear Student Applicant:

Before completing the attached application, please take time to read and understand this letter. The information below will help you determine if you wish to participate in the Hennepin Technical College - TRIO Upward Bound program.

The major goal of the TRIO Upward Bound (UB) program is to **help students develop the skills and motivation required to succeed in education both in high school and beyond**. Admission to the Upward Bound program is **not automatic**; students must complete a **rigorous application and selection process**.

Upward Bound is a **federally funded** TRIO program designed to assist 60 students who are interested in enhancing their academic skills and furthering their education. The students are recruited from two high schools: **Robbinsdale Cooper High School and Osseo Senior High School**. The student must take all activities required by Upward Bound seriously. If Upward Bound does not feel the student is making the necessary commitment to his/her education, the student may be placed on a performance contract, which if not fulfilled, may result in dismissal from the program.

Students who are admitted must **agree** to take part in an intensive **six-week, Summer Program and an Academic School Year Program**, which have the following major objectives:

1. Increase academic performance of program participants.
2. Increase the motivation of program participants to succeed in high school and attend college.
3. Provide informative and enriching mentoring/career/educational opportunities for all participants.
4. Increase participation in cultural/educational experiences beyond those available at their high schools.
5. Provide group/individualized tutoring, guidance and counseling for program participants.
6. Provide assistance in securing admission to a postsecondary institution and adequate financial aid to attend.
7. Provide a bridge between high school and college during the summer after the participant's senior year.

These objectives can only be met if students actively participate and accept responsibility for participation.

Please feel free to contact me if you need further information or assistance. I can be reached at 763-488-2614 or sable.gjesvold@hennepintech.edu

Sincerely,

Sable Gjesvold
Director of Upward Bound

TRIO Upward Bound Student Application



Hennepin Technical College – TRIO Upward Bound is funded by the U.S. Department of Education.

PART ONE: GENERAL INFORMATION

Date Application Given to Student:		Application Due Date:	
Last Name:	First Name:		Middle Name:
Mailing Address:		City:	State: Zip:
Home Phone Number:		Student Cell Phone:	
Social Security Number:	Student ID:	Date of Birth:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Student Email Address:			
Ethnicity/Racial Background (check all that apply): <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Caucasian/White <input type="checkbox"/> Other: <input type="checkbox"/> Asian <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or Other Pacific Islander			
Tribe or Country of Origin:			
What language(s) are primarily spoken at home? <input type="checkbox"/> English Only <input type="checkbox"/> English and <input type="checkbox"/> Other:		List in order language(s) you speak fluently: First Language Learned: Second Language Learned: Third Language Learned:	
Are you a U.S. Citizen? <input type="checkbox"/> Yes <input type="checkbox"/> No	If no, are you a Permanent U.S. Resident? <input type="checkbox"/> Yes <input type="checkbox"/> No	Alien Registration Card Number:	
		If you are a Permanent U.S. Resident, you must attach a copy of your Alien Registration Card to this application.	
Do you have a record with the juvenile court system? <input type="checkbox"/> Yes <input type="checkbox"/> No	When?	Where?	
What kind of free-time activities do you like to do with friends?			
In what extracurricular activities are you involved? (check all that apply): <input type="checkbox"/> Sports, specify: <input type="checkbox"/> Music, specify: <input type="checkbox"/> Church organizations, specify: <input type="checkbox"/> School sponsored clubs/organizations, specify: <input type="checkbox"/> Other, specify:			
How did you hear about Upward Bound? <input type="checkbox"/> School teacher/counselor/administrator <input type="checkbox"/> Parent/Guardian <input type="checkbox"/> Upward Bound Advertisement <input type="checkbox"/> Current/Former Upward Bound Student, specify: <input type="checkbox"/> Friend, specify <input type="checkbox"/> Other, specify:			
Have you ever been in a TRIO Upward Bound program? <input type="checkbox"/> Yes <input type="checkbox"/> No	When?	Where?	

Is there anything that may prevent you from going to and succeeding in college?

Why do you want to be in Upward Bound?

What are several goals you would like to accomplish while a HTC TRIO Upward Bound program participant and why are these goals important to you?

PART TWO: EDUCATIONAL BACKGROUND/CAREER PLANS

What high school do you currently attend? <input type="checkbox"/> Robbinsdale Cooper High School <input type="checkbox"/> Osseo Senior High School		What grade are you currently in?	
What year do you expect to graduate from high school?		How many absences do you usually have a semester? <input type="checkbox"/> Less than 10 <input type="checkbox"/> More than 10	
List all schools you have attended since 1 st grade School and Grade(s) attended:			
Have you attended an alternative school (e.g. GAP, ALC, Agape)? <input type="checkbox"/> Yes <input type="checkbox"/> No		Where:	When:
Have you ever attended summer school for an academic subject? <input type="checkbox"/> Yes <input type="checkbox"/> No		Subject(s):	Year(s):
Are you or have you been involved in any type of college preparatory program? <input type="checkbox"/> Yes <input type="checkbox"/> No		Specify:	
When you finish high school, what do you intend to do? <input type="checkbox"/> Attend University <input type="checkbox"/> Community College <input type="checkbox"/> Technical/Vocational College		Name of Institution/Branch/Specify: <input type="checkbox"/> Military Service <input type="checkbox"/> Full-time/part-time work <input type="checkbox"/> Other	
What are your favorite subjects?		What are your least favorite subjects?	
What careers are you interested in pursuing?			
With whom have you discussed your educational/career interests? Check all that apply. <input type="checkbox"/> School teacher/counselor/administrator <input type="checkbox"/> Parent/Guardian <input type="checkbox"/> Friend			
<input type="checkbox"/> Program Advisor <input type="checkbox"/> Minister/Pastor/Reverend/Clergy/Rabbi <input type="checkbox"/> No one			
<input type="checkbox"/> Other (specify):			
Name two school references who can speak well about you as a student.			
Name		Title	
1.			
2.			
Are you currently employed? <input type="checkbox"/> Yes <input type="checkbox"/> No		Where:	Days/Hours:
Are you able to attend a six-week summer program at Hennepin Technical college during the summer? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Are you able to attend weekly after-school tutoring sessions? <input type="checkbox"/> Yes <input type="checkbox"/> No			

Current class schedule:			
Class	Room Number	Subject	Teacher
1			
2			
3			
4			
5			
6			

After school activities/work:		
Day	Time	Activity Description:
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

PART THREE: STUDENT FAMILY BACKGROUND

With whom do you live? (check all that apply) <ul style="list-style-type: none"> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Step Mother <input type="checkbox"/> Step Father <input type="checkbox"/> Foster Parent(s) <input type="checkbox"/> Relative other than parent, specify: 		<ul style="list-style-type: none"> <input type="checkbox"/> Alone <input type="checkbox"/> Spouse <input type="checkbox"/> Group Home <input type="checkbox"/> Foster Home <input type="checkbox"/> Guardian (not a relative), specify: 		Who is/are your legal guardian(s)? <ul style="list-style-type: none"> <input type="checkbox"/> Both parents <input type="checkbox"/> Mother only <input type="checkbox"/> Father only <input type="checkbox"/> Ward of Court <input type="checkbox"/> Other, specify: 																																																								
Do your parents/guardians: <ul style="list-style-type: none"> • Check your homework? <input type="checkbox"/> Yes <input type="checkbox"/> No • Attend school programs/teacher conferences? <input type="checkbox"/> Yes <input type="checkbox"/> No • Indicate they want you to continue your education after high school? <input type="checkbox"/> Yes <input type="checkbox"/> No 																																																												
Check the highest level of education completed by each of your parents/guardians: <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th>Father</th> <th>Mother</th> <th>Step-Parent</th> <th>Guardian</th> </tr> </thead> <tbody> <tr> <td>• 6th grade or less</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• Grades 7-9</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• Grades 10-12</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• High school graduate or GED</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• Some college (no degree obtained)</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• 2 year college degree/certificate</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• 4 year college degree</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• Completed graduate school (M.A., Ph.D., etc.)</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• None</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>• Do not know</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> </tbody> </table>							Father	Mother	Step-Parent	Guardian	• 6 th grade or less	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• Grades 7-9	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• Grades 10-12	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• High school graduate or GED	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• Some college (no degree obtained)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• 2 year college degree/certificate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• 4 year college degree	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• Completed graduate school (M.A., Ph.D., etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• None	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	• Do not know	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Siblings			Brothers		Sisters																																																							
How many siblings do you have?																																																												
If any, how many of your siblings have participated in Upward Bound?																																																												
Have any of your siblings had any post-secondary education? <ul style="list-style-type: none"> <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, which? <ul style="list-style-type: none"> <input type="checkbox"/> University/4-year college <input type="checkbox"/> Community College <input type="checkbox"/> Vocational/Technical College If yes, are they current attending or have they completed their post-secondary education? <ul style="list-style-type: none"> <input type="checkbox"/> Currently attending <input type="checkbox"/> Completed post-secondary 																																																												

PART FOUR: STUDENT NEEDS SURVEY

Please answer each section and check all that apply.

<p>ACADEMICS (check all areas that you would like help)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%; border: none; vertical-align: top;"> <input type="checkbox"/> Math <input type="checkbox"/> Science <input type="checkbox"/> English <input type="checkbox"/> Social Studies <input type="checkbox"/> Foreign Language <input type="checkbox"/> Receive guidance in selecting academic courses <input type="checkbox"/> Submitting homework on a consistent basis <input type="checkbox"/> Better grades <input type="checkbox"/> Notetaking <input type="checkbox"/> Study Habits </td> <td style="width: 33%; border: none; vertical-align: top;"> <input type="checkbox"/> Relation techniques to reduce test anxiety <input type="checkbox"/> Test taking strategies <input type="checkbox"/> Time management to balance personal, academic, and extra-curricular activities <input type="checkbox"/> How to read a textbook more effectively <input type="checkbox"/> Develop a better attitude toward learning <input type="checkbox"/> Receive guidance in selecting academic courses </td> <td style="width: 33%; border: none; vertical-align: top;"> <input type="checkbox"/> Enroll in more college prep courses <input type="checkbox"/> Learn more about high school graduation requirements <input type="checkbox"/> Listen more effectively in class <input type="checkbox"/> Learn how to participate in classroom discussion <input type="checkbox"/> Communicate more effectively with teachers <input type="checkbox"/> Know more about my strengths and weaknesses <input type="checkbox"/> Understand what I can realistically achieve </td> </tr> </table>			<input type="checkbox"/> Math <input type="checkbox"/> Science <input type="checkbox"/> English <input type="checkbox"/> Social Studies <input type="checkbox"/> Foreign Language <input type="checkbox"/> Receive guidance in selecting academic courses <input type="checkbox"/> Submitting homework on a consistent basis <input type="checkbox"/> Better grades <input type="checkbox"/> Notetaking <input type="checkbox"/> Study Habits	<input type="checkbox"/> Relation techniques to reduce test anxiety <input type="checkbox"/> Test taking strategies <input type="checkbox"/> Time management to balance personal, academic, and extra-curricular activities <input type="checkbox"/> How to read a textbook more effectively <input type="checkbox"/> Develop a better attitude toward learning <input type="checkbox"/> Receive guidance in selecting academic courses	<input type="checkbox"/> Enroll in more college prep courses <input type="checkbox"/> Learn more about high school graduation requirements <input type="checkbox"/> Listen more effectively in class <input type="checkbox"/> Learn how to participate in classroom discussion <input type="checkbox"/> Communicate more effectively with teachers <input type="checkbox"/> Know more about my strengths and weaknesses <input type="checkbox"/> Understand what I can realistically achieve
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<p>CAREERS (check all areas that apply)</p> <input type="checkbox"/> Prepare for careers that interest me <input type="checkbox"/> Information about possible careers and the world of work <input type="checkbox"/> How to apply and interview for jobs <input type="checkbox"/> Talk to a counselor about career plans <input type="checkbox"/> Have my parents involved in my career plans	<p>COLLEGE PLANS (check all areas that apply)</p> <input type="checkbox"/> Learn more about financial aid for college <input type="checkbox"/> Learn more about college admission requirements <input type="checkbox"/> Understand the college application process <input type="checkbox"/> Decide which type of post-secondary institution to attend				
<p>PERSONAL (check all areas that apply)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none; vertical-align: top;"> <input type="checkbox"/> Experience more cultural activities <input type="checkbox"/> Become more familiar with people of other cultures <input type="checkbox"/> Develop confidence in myself <input type="checkbox"/> Understand how my feelings affect my behavior <input type="checkbox"/> Somebody to listen to me when I have problems <input type="checkbox"/> Learn to tell others how I feel <input type="checkbox"/> Be a better listener and respond better to others <input type="checkbox"/> Build trusting relationships with others </td> <td style="width: 50%; border: none; vertical-align: top;"> <input type="checkbox"/> Get along better with members of my family <input type="checkbox"/> Become more tolerant with people whose views differ from mine <input type="checkbox"/> Set goals in my life <input type="checkbox"/> Know how to assess and evaluate my goals <input type="checkbox"/> Understand in the impact of my gender and/or race on my career choices <input type="checkbox"/> Accept greater responsibility for my actions <input type="checkbox"/> Learn how to make decisions </td> </tr> </table>			<input type="checkbox"/> Experience more cultural activities <input type="checkbox"/> Become more familiar with people of other cultures <input type="checkbox"/> Develop confidence in myself <input type="checkbox"/> Understand how my feelings affect my behavior <input type="checkbox"/> Somebody to listen to me when I have problems <input type="checkbox"/> Learn to tell others how I feel <input type="checkbox"/> Be a better listener and respond better to others <input type="checkbox"/> Build trusting relationships with others	<input type="checkbox"/> Get along better with members of my family <input type="checkbox"/> Become more tolerant with people whose views differ from mine <input type="checkbox"/> Set goals in my life <input type="checkbox"/> Know how to assess and evaluate my goals <input type="checkbox"/> Understand in the impact of my gender and/or race on my career choices <input type="checkbox"/> Accept greater responsibility for my actions <input type="checkbox"/> Learn how to make decisions	
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<p>I certify that all information provided on this form is valid and correct. I understand that admission to Hennepin Tech Upward Bound is not automatic, and, that if admitted, I will be informed of all program goals, objectives, and requirements. This includes annual participation in a six-week summer program. I also understand that failure to meet program requirements, goals, and objectives may result in my termination from the program.</p>					
<p>Student's Signature:</p>		<p>Date:</p>			

Questions?

Contact Sable Gjesvold, Director of the TRIO Upward Bound Program at 763-488-2614 or at sable.gjesvold@hennepintech.edu



A member of Minnesota State.

Hennepin Technical College is an affirmative action, equal opportunity educator and employer.

This document is available in alternative formats to individuals with disabilities.

HENNEPIN TECH UPWARD BOUND/TRIO PROGRAM APPLICATION

Student Applicant:

Before you submit this application, did you remember to:

- Write in your Social Security Number?
- Write in your Student ID?
- Provide a copy of your Alien Registration Card if you are a Permanent U.S. Resident?
- Sign your name on page 6?

Admission to Upward Bound is not automatic! Missing or incomplete information on this application will delay the application process. Only students completing all parts of the application process by the deadline will be considered for admission.

Next steps:

- Get and return Parent Application and tax/income information
- Schedule an interview with Upward Bound staff